



Sir Thomas Wharton  
**Academy**

# KS3 Electives

Wednesday Afternoons  
Block 4



# KS3 Electives

Our exciting elective offer below will secure a breadth of opportunity for all our students and create memories that will last a lifetime. Our inspiring provision will foster students' imagination, broaden their interests, develop their specialisms and offer insights into potential future careers. These bespoke enrichment opportunities will not only advantage our students, but also our community through mutually beneficial cooperative partnerships. These strong collaborative links will prepare our students to become holistic young people who are successful learners for life, responsible citizens and confident individuals.

Each elective will run every Wednesday after lunch. Below is the list of the activities along with a description of what students will do in each of the electives. Students will choose four electives and will secure one of them in the first ten week block, before selecting again for the next blocks. To get the best experience possible, some of the electives on offer will take place offsite. This may require students to walk to a venue with supervising members of staff. Furthermore, to maximise the time available, some electives will finish at the offsite location. As a result, where this is the case, students will need to make their own way home from the respective venue. Where there is a possibility of an elective finishing off site, we have highlighted the activity in **pink**. Students should only select this option if they can safely make their own way home from the location. This needs to have been agreed with a parent/carer.

## Allegro Dance Academy Elective

Do you love to perform? Do you feel the rush of adrenaline as the stage lights go up, the audience falls silent, and the music begins to play? Over a 10-week period you will have the opportunity to study a wide variety of dance genres at Allegro Dance Academy. Career pathways include professional dancer in the West End or on cruise ships, dance teacher, examiner.

## Board and Beyond Elective

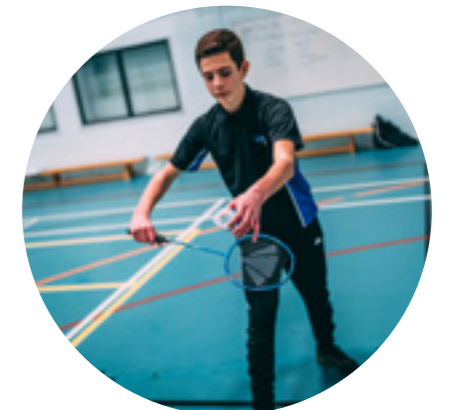
Are you interested in engaging in intellectually stimulating activities while enjoying a welcoming social environment? Board and Beyond offers an excellent opportunity to connect with fellow students, challenge your strategic thinking, and experience a variety of board games, from timeless classics to modern favourites. Our elective welcomes participants of all skill levels, providing a space for both casual players and seasoned enthusiasts. Whether you seek friendly competition or simply wish to try something new, the Board and beyond is the perfect place for you. We look forward to welcoming you to our community of game enthusiasts!

## Boxing Elective

Do you have a passion for combat sports? If you do then the Boxing elective is for you! This elective will challenge and develop your physical fitness as well as equip you with the self-discipline and mental fortitude to be successful at whatever you set your mind to. Over the ten week block you will work on your physical fitness and follow a boxing specific training plan that has been developed to push you beyond your perceived limits. You will get to use state of the art boxing equipment in a safe and controlled environment which will allow you to develop your boxing technique. The elective will be delivered by the gym of former WBC Light Welterweight Champion Junior Witter.

## Caged Steel Elective

Join the Caged Steel Elective and unleash your inner strength! In partnership with Caged Steel Martial Arts, the elective introduces students to the exciting world of mixed martial arts in a safe, supportive environment. Members learn discipline, respect, and perseverance while building fitness, focus, and confidence. Through guided sessions and teamwork, students develop both physical and mental resilience—skills that extend far beyond the mat.



### Comedy and Drama Elective

Get ready to laugh, explore, and perform in our exciting Comedy & Drama course! Designed for budding performers and creatives, this course dives into the art of improvisation, devising original material, and building bold, entertaining characters. Over the ten weeks, you'll work collaboratively to develop and rehearse your own unique pieces, blending humour and drama to create original plays that showcase your creativity and confidence on stage. Bring your ideas, energy, and imagination - it's time to take centre stage!

### Commercial and Street Dance Elective

Have you ever wished to join the commercial entertainment industry? You could dance backup for an established artist, perform in TV shows and music videos, or even become the next big commercial choreographer. Whatever your choice, Street/Commercial Dance Elective will give you a taste of everything this industry has to offer. You'll have the opportunity to learn routines that combine elements of modern, jazz, hip-hop, breakdancing and more as well as studying some of the leading names in street dance! The next 'Diversity' might be right here at STWA...

### Community Drama Workshop

In Community Drama Workshop, students become drama facilitators for the community. Over 10 weeks, they will create imaginative drama games and activities tailored for Year 3 primary students, building confidence, teamwork, and creativity. The programme culminates in the delivery of these workshops in local primary schools during the final two weeks.

### Creative Writing Elective

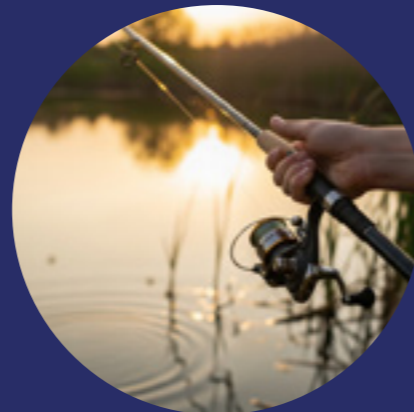
Are you an avid reader and writer? Do you fancy yourself as the next J.K. Rowling or modern-day Dickens? If the answer is yes, then the creative writing elective is for you! Each week, you will be working on your very own story. When you have created this, you will design your own front cover and blurb, edit your own writing (gaining some insight into an editors'/publishers' world) and have the opportunity to showcase your work on stage. Three, two, one...pens at the ready.

### CrossFit

Looking for a fun, high-energy way to get fit? CrossFit is all about strength, fitness, and community. Every workout is different, combining cardio, weights, and bodyweight exercises that can be scaled to any ability level—no experience needed! Challenge yourself, build confidence, and train alongside supportive teammates who motivate you to be your best. Get stronger, fitter, and feel amazing. Come give it a go!

### Cricket Elective

This elective helps students develop core cricket skills such as batting, bowling, fielding, and wicket-keeping, while building a strong understanding of tactics and match awareness. Through structured games and coaching, students will improve hand-eye coordination, agility, and overall fitness. The elective also emphasises teamwork, communication, leadership, and sportsmanship, encouraging students to build confidence, resilience, and decision-making skills both on and off the pitch.





### Fishing Elective

Do you want to be outdoors improving your concentration skills? If so, why not try the Fishing Elective! Did you know that fishing is not just a recreational activity, it is also a valuable contributor to physical and mental health. Fishing also fosters personal development, boosts self esteem and encourages respect for the environment. If this sounds like some that will 'hook' you in, try fishing at Martin Well's Lake!

### Hockey Elective

Interested in trying a new sport? Already a keen hockey player? Either way, Hockey Elective is for you! Come along on Wednesday afternoons to have some fun, hone your fitness, and learn the fundamentals of one of the country's most popular team-based sports! You never know, you could become the next Gordie Howe, scoring over 801 career goals!

### Boys' Football Elective

Are you keen to be part of a team? Do you want to showcase your competitive edge? The Football elective will allow you to demonstrate your skills, build teamwork & and develop your resilience. Could you be the next Ronaldo or Messi, if you think you're up to the challenge come and join us every Wednesday!

### Ground Maintenance Elective

Do you like working outside and getting your hands dirty? If you do, this elective is for you! The Helping Hands Community Centre need your help to support their community garden project. You will spend your time grass cutting, hedge trimming and planting up the area to maximise its full potential. If you think your are green fingered and can make a difference to a local space which the community use, then select this elective!

### Golf Elective

If you are competitive, love the outdoors and enjoy spending quality time with your friends, then this is the elective for you. Golf is a sport that will take you to amazing places and introduce you to fantastic people, with a multitude of careers linked to the game. Over the 10 weeks, you will develop skills that will allow you to improve as a player, steel your mind and resolve, and post your best scores, allowing you to take on any course. This will culminate in a tournament played against your peers to determine who has bragging rights before you embark on your own golfing adventures.

### Helping Hands Elective

Do you love helping others and giving back to the local community? Well, Helping Hands needs you! The centre is a sustainable project in the heart of the community delivering a wide range of services. Across the course of the elective you will visit the Helping Hands Community Centre where you will take part in a range of different tasks including supporting in the tea room, foodbank and shop. Additionally, you will get hands on experience in the reception and grounds supporting the admin team and caretaker. It really is a great opportunity to make a significant positive impact in our local area.





### Horse Care Elective

Do you enjoy being hands-on? Does working outdoors, whatever the weather, appeal? Do you consider yourself to be reasonably fit? Does working with horses fill you with excitement? Do you have a positive, 'can-do' attitude? If you answered yes to the above, we look forward to meeting you at the National Horse Racing College in Doncaster. During the Horse Care Elective, you'll learn how to muck out a stable, handle, groom and tack up a horse and clean tack. In addition, you'll receive riding tuition on our mechanical horses. Over the 9/10 weeks, this practical programme will allow you to gain the skills to progress onto a full-time training programme and ultimately to work in the equine industry.

### Lego Elective

Playing Lego helps to improve problem solving skills, build resilience and perseverance whilst working on mathematics and spatial awareness. It's also a great way to relax, unwind, experiment and try out new things. With its open ended nature, there are a million possibilities - what will you build in the Lego Elective?.



### Like a Boss Elective

Do you want to learn the basics of how to take a product from inception to market and beyond? 'Like a Boss' invites you to tackle their real world business challenge whilst building key skills that will set you up for success. You'll bring the project to life through design, promotion and beyond! Working as a team you will develop public speaking abilities, take on leadership roles, and explore how making positive choices can impact both your personal growth and the community. Through collaboration and creative problem-solving, you'll gain hands-on experience that will prepare you to face challenges with confidence, lead with purpose, and make a lasting impact.

### Makeup Masterclass Elective

Do you want to learn how to apply makeup like a professional? Do you enjoy getting creative with hair to create unique styles and iconic looks? You will get the chance to experiment with colour palettes, learn new braiding techniques and apply your learning to a final design challenge brief. This elective will prepare you to work in the creative and fashion industry.

### Minecraft Elective

Do you want to learn to creatively solve problems? Are you interested in helping a whole school project? If being creative and digital design spark your interest, this elective is for you! We will learn the basics of using programming in Minecraft to help design and create in a digital world. The aim is for you assist with a whole school project to design a digital world, for use in our community.

### Printmaking Elective

Unleash your creativity through the art of printmaking in this practical and engaging 10-week course. You'll explore a range of exciting techniques such as monoprinting, linocut, and gelli printing, learning how to design, carve, ink, and produce your own original prints. Along the way, you'll develop key artistic skills in composition, mark-making, and visual experimentation, while enhancing your understanding of traditional and contemporary artists. Possible career paths include Illustrator, Printmaker, Pattern Designer, Art Therapist.

### Quiz Club

Love trivia, quick thinking, and friendly competition? Quiz Club is the place for you! Whether you're a pop-culture pro, history buff, science wizard, or just enjoy a good challenge, there's something for everyone. Meet new people, sharpen your knowledge, and compete in fun quizzes with prizes, laughs, and bragging rights. No experience needed—just curiosity and enthusiasm. Come test your brain and have fun doing it!

### Reading Buddies Elective

If you are addicted to literature and desire to spread your passion for reading across the community's younger generation, then being a Reading Buddy might be the perfect elective for you! Do you value the importance of reading and like being a role model to younger children? If the answer is yes, you could support your local primary schools with their reading intervention and mentor young students into becoming thriving, eloquent readers!



### Rowing Elective

This elective introduces students to the fundamentals of rowing while developing strong physical, technical, and personal skills. Students will learn proper rowing technique, boat handling, timing, and crew communication, as well as key safety procedures and water awareness essential for rowing on open water. Through land-based training and on-water sessions, students will improve cardiovascular endurance, strength, balance, and coordination. Students will also study and emulate techniques used by elite rowers and successful crews, using these models to refine rhythm, efficiency, and teamwork. This elective emphasises discipline, cooperation, resilience, and respect for the water, encouraging confidence and enjoyment in a challenging and rewarding lifelong sport.

Students must be 12 years or older and must be able to swim.

### Rounders Elective

This elective introduces students to the basics of rounders in a fun, inclusive, and supportive environment. Students will develop fundamental skills such as batting, bowling, catching, throwing, and base running, while learning the basic rules and structure of the game. Activities are designed to improve hand-eye coordination, agility, teamwork, and confidence through small-sided games and skill-based challenges. Students will also observe and emulate simple techniques used by successful players to help them improve their own performance. The elective emphasises enjoyment, cooperation, fair play, and active participation, encouraging a positive attitude toward physical activity.

## Girls' Rugby Elective

Women's rugby is rapidly growing worldwide — and with the Women's Rugby World Cup happening this year, the spotlight is brighter than ever. Now is the perfect moment to get involved with a fresh, dynamic version of the game: T1 Rugby. T1 Rugby offers all the thrilling aspects of traditional rugby — from scrums and lineouts to breakdowns — but in a non-contact, safer format. This means more players can enjoy the game, regardless of experience or physicality, making it incredibly inclusive and accessible. T1 Rugby is a chance to be part of a vibrant, expanding community at the forefront of women's sport. It's not just a game; it's an opportunity to grow skills, build teamwork, and contribute to the future of women's rugby. Join T1 Girls' Rugby elective and be part of the next big wave in women's sports!

## Science Discovery Elective

Are you a future Newton, Curie or Darwin? The Science elective will give you an opportunity to explore Science beyond the curriculum. With a mixture of experiments, lectures and hands on practicals, you will gain valuable insights into how Science has shaped the world as we know it, and how it continues to develop in an ever-changing landscape.

### Sew and Craft Elective

Do you have creative flare and a passion for helping others? Sew and craft will offer an outlet for your creativity by working on a project using the sewing equipment in school and at the Sewing Mindfulness workshop in Edlington. Over the course of 10 sessions, you will design a project using a vision board before developing the skills and techniques to turn your vision into reality! This is the perfect elective for anyone interested in a career in fashion design.

## Sing Stars Elective

Do you love singing and being on stage? Or do you already sing and want to learn more? Whether you are new to singing or an upcoming pro this elective is for you. For 10 weeks you will learn the basics of singing technique, learn a song, then add some staging ready to perform at the end of the 10 week block!



## Spanish Elective

Have you ever wanted to learn another language and be able to confidently converse in a second language? In Spanish elective, we will explore the basics of the Hispanic language to allow you to confidently participate in a conversation in Spanish. We will cover key phrases, Spanish food-tasting and societal influences to broaden your knowledge of Spanish culture.

## Special Event Food Catering Elective

If you enjoy preparing and cooking food, then this is the elective for you. The Special Event Food Catering elective will allow you to follow recipes to create a range of food typically enjoyed at special occasion events, such as a birthday party. You will develop your food preparation skills, as well as following all health and food hygiene rules to create excellent dishes, such as sausage rolls, scones, pizzas, cupcakes and pastry dishes. You will learn new techniques of presentation and aim towards serving your dishes to an invited group of guests. Potential career paths include baker, chef, nutritionist, party organiser, caterer, kitchen assistant, restaurant owner, manager, assistant or waitress.

## Tennis Elective

This elective helps students build a strong foundation in tennis while developing a wide range of physical and personal skills. Students will learn correct stroke techniques, footwork, serving, and match play tactics, as well as how to keep score and apply the rules of the game. Through drills and game-based activities, students will improve hand-eye coordination, agility, balance, and cardiovascular fitness. Students will also explore and emulate styles and techniques inspired by some of the greats of the game, using them as models to refine their own play. This elective emphasises teamwork, sportsmanship, focus, and strategic thinking, helping students gain confidence and enjoy lifelong participation in an individual sport.

### Woodland Workout Elective

Join the Countryside Rangers for six sessions of practical conservation tasks to improve the habitats at Edlington Pit Wood, which will include the use of hand tools. There will also be two weeks of survey work on the site looking at different species and two reward weeks of shelter building and campfire cooking.

# Further Information

Elective	Timings	Address	Transport Arrangements	
Allegro Dance Academy	12.45 - 14.50	Allegro Dance Academy, Clayfields Industrial Estate, Doncaster, DN4 8QG.	Students to access academy booked transport.	Students to make their own way home from the venue.
Fishing	13.10 - 14.50	5 Thornlea Ct, New Edlington, Doncaster, DN12 1PP.	Students to access academy booked transport.	Students to make their own way home from the venue.
Golf	Some sessions will be accessed offsite. Further details to be confirmed by elective leader.	Doncaster Golf Club, 278 Bawfry Road, Bessacarr, Doncaster, DN4 7NX Or Kingswood Golf Course Thorne Road Hatfield, Doncaster DN7 6EP.	Students to access academy booked transport.	Students to access academy booked transport.
Ground Maintenance/ Helping Hands	13.10 - 14.50	Edlington Hilltop Centre, Edlington Lane, Doncaster, DN12 1 PL.	Students to walk to the venue with supervising members of staff.	Students to make their own way home from the venue.
Hockey	4 sessions will be accessed offsite. Further details to be confirmed by elective leader.	Hall Cross Upper School, 28 Thorne Road, Doncaster, DNI 2HY.	Students to access academy booked transport.	Students to access academy booked transport.
Horse Care	12.35 - 14.50	The Stables, Great North Road, Rossington, Doncaster, DNI 1 0HN.	Students will access academy booked transport.	Students will access academy booked transport.
Reading Buddies	13.10 - 14.50 Further details to be confirmed by elective leader.	Edlington Victoria Academy, Victoria Road, Doncaster, DN12 1BN.	Students to walk to the venue with supervising members of staff.	Students to make their own way home from the venue.
Rowing	12.50 - 14.50	Doncaster Rowing Club, Greenfield Lane, Doncaster, DN4 0HJ	Students will access academy booked transport	Students will make their own way home from the venue
Sew Mindful Crafts	Some sessions will be accessed offsite. Further details to be confirmed by elective leader.	5 York Buildings, Edlington Lane, New Edlington, Doncaster, DN12 1BU.	Students to walk to the venue with supervising members of staff.	Students to make their own way home from the venue.
Woodland Workout	12.50 - 14.50	Edlington Pit Wood.	Students to walk to the venue with supervising members of staff.	Students to make their own way home from the venue.



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