

**THE HIGHEST STANDARDS**

Always set and deliver the highest standards: never settle for less.

**INVEST TO ACHIEVE**

Care about the now; create the very best for your future.

**EVERYONE IS VALUED**

We are unique individuals working together to be the best.

**NO EXCUSES**

Create solutions, not excuses.

**NEVER GIVE UP**

Resilience is essential; self-belief drives improvement.

**CULTIVATE YOUR CHARACTER**

Qualifications open doors; your character gets you through them.

**Life Skills Year 7 2023-2024**

	Week 0	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	
<b>Half Term 1</b>		What is Life Skills?	Getting to know each other	Rights and responsibilities	Self-esteem	Friendship	Child-on-child abuse	Bullying	Holiday
<b>Half Term 2</b>	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Holiday
	All about me	Managing growing up	Puberty	Reproduction	Personal hygiene	Healthy eating	Energy drinks	Access to health services	
<b>Half Term 3</b>	Week 16	Week 17- LC1	Week 18	Week 19	Week 20	Holiday			
	Bereavement and old age 1	Bereavement and old age 2	Cancer truths and myths	Physical health	Mental Health Week				
<b>Half Term 4</b>	Week 21	Week 22	Week 23	Week 24	Week 25	Week 26	Holiday		
	Budgeting	Careers, jobs and choices	National Careers Week	British Values	Stereotypes 1	Stereotypes 2			
<b>Half Term 5</b>	Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Holiday		
	PREVENT	Equality	E-safety	Smoking and solvents	Personal safety	Road and rail safety			
<b>Half Term 6</b>	Week 33	Week 34	Week 35	Week 36- LC2	Week 37	Week 38	Week 39		
	Relationships	Making new friends	Divorce	LGBTQ+	Charity	School environment	Recycling		

How does this year deliver your curriculum intent?

In Key Stage 3 Life Skills, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase under the headings **Relationships**, **Health and Wellbeing** and **Living in the Wider World**. The topics this year will focus on their mental and physical health and help them deal with the different relationship issues they may face. Students will learn how to keep themselves and others safe as well as focus on British Values. Students will be choosing their GCSE options this year so there will be a focus on further education and the world of work in order to support them with their decisions.